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NEWS RELEASE

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The iRecovery Program Celebrates Three Years

HARTFORD – In June of 2017, iCare’s iRecovery Program celebrated its third anniversary over cake at a small gathering of patients, clinicians and administrators.

Operating in eight iCare facilities, the iRecovery Program is designed to treat active addiction and teach sober living skills with the goal of long-term sobriety and recovery.

Facing an ongoing epidemic of opioid abuse, overdose and death, the program has several core components targeting the cycle of opioid abuse. iRecovery addresses addiction through intensive group and individual therapy while patients recover from secondary health impacts of substance use. It is this immediacy that helps patients commit to a plan of sobriety and mitigates repeat admission into inpatient healthcare settings.

iRecovery is a groundbreaking model designed to empower patients to break the cycle of addiction while in the supportive and consistent environment of a skilled nursing facility. Patients are connected with resources and supports to assure maximum success. Visitation considerations, medication management and environmental safety are keys to success.

In the course of its three year history the program has served over 600 patients with a focus on decreasing relapse and highlighting reintegration into the community.

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iCare Management provides management and consulting services to skilled nursing facilities and other healthcare providers as well as a range of services including medical, short-term rehabilitation, long-term care, behavioral health, substance use management, memory care & support services through its managed facilities and Greater Hartford Memory Care Centers. iCare manages ten sites in Connecticut including four Touchpoints Rehab centers, as well as separate outpatient therapy, rehabilitation and home care units.



(as of June 2017)

Facility	2015 (June-Dec)	2016	2017 (Jan-June)	Facility Totals
Trinity Hill	51	52	40	143
Chelsea Place	17	54	26	97
Silver Springs	28	40	28	96
Westside	29	54	23	106
Fresh River	n/a	15	14	29
Touchpoints of Bloomfield	n/a	56	26	82
Touchpoints of Manchester	n/a	15	8	23
60 West	6	11	12	29
Yearly Totals	131	297	177	605

Total number of Patients served by iRecovery from June 2015 through June 2017

605