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NEWS RELEASE

For Immediate Release

October 23, 2018

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Sarah Howroyd Joins iCare Health Network as Director of Mental Health and Addiction Services



MANCHESTER – iCare Health Network (IHN) has announced that Sarah Howroyd, co-founder and co-creator of the Manchester, CT HOPE (Heroin/Opioid Prevention and Education) Initiative, is formally joining the company as Director of Mental Health and Addiction Services.

Howroyd served as a consultant to IHN staff on substance use recovery and behavioral health services since June 2018.

In this newly formed role, Howroyd will help to build out IHN’s mental health and substance use programming to be as person-centered and recovery-oriented as possible. She will create a forward-looking structure, business practices and network for new connections within IHN’s mental health and addiction treatment lines of business .

According to IHN’s Chief Operating Officer Mike Landi, “We were quickly convinced by Sarah’s work as a consultant for iCare Health Network that we needed her as a full time, long term member of the team. The need around mental health and addiction services continues to grow and Sarah will help us be on the cutting edge of serving that need.”

iCare Health Network provides extensive mental health and addiction services among its 1300 beds, spread over ten skilled nursing communities in the greater Hartford area and northern New Haven County.

Sarah was named a Hartford Courant Hometown Hero in June 2017 for her extensive work and commitment to the initiative. She was awarded the first Congressional Connecticut Public Safety Award in the state by Senator Steve Cassano and Connecticut Senate for her, “diligent work in combating Connecticut’s Opioid crisis,” in September 2017.

Sarah received her Master of Social Work in Administration degree from UConn School of Social Work, with a Focus Area of Study in Mental Health/Substance Use, and received the National Association of Social Workers (NASW) 2017 MSW Student of the Year Award.

She is a licensed social worker and has extensive expertise in mental health, substance use, co-occurring, and other addictions counseling, interventions, prevention, education, program development, implementation, and oversight.

Sarah is proudly an active member of both the Connecticut Governor’s Alcohol and Drug Policy Council (ADPC) and the Connecticut Opioid Overdose Prevention Workgroup.

She frequently utilizes her strong oratorical abilities in public speaking segments while infusing her addiction related expertise with a message of inspiration and hope as a person in long-term recovery from opioids. Sarah is a lifelong change agent and tireless advocate for the betterment of people, families, and communities in need.

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iCare Health Network (IHN) provides management, operating and consulting services to skilled nursing facilities and other healthcare providers. Through its managed facilities IHN offers a range of services including medical, short-term rehabilitation, long-term care, behavioral health, substance use management, and memory care & support services. IHN manages ten sites in Connecticut including four Touchpoints Rehab centers, six Greater Hartford Memory Care Centers, and SecureCare Options/60 West. IHN also offers LTC Integrity audit tools, separate outpatient therapy, rehabilitation and home care units and specializes in healthcare real estate transactions and skilled nursing turnarounds.