

# HEART FAILURE PROGRAM OUTCOME

## Patient Information

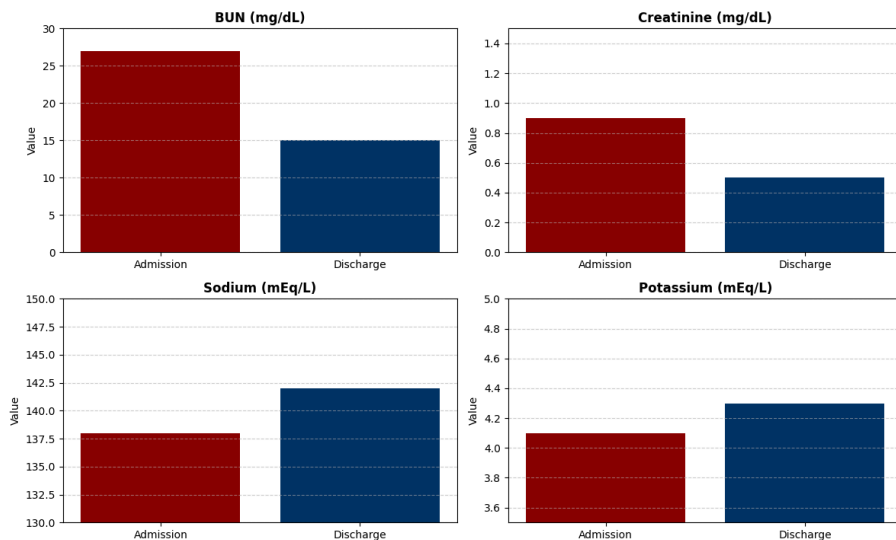
Admission Date: 10/18/25  
Touchpoints at Chestnut  
Primary Dx:  
Osteomyelitis, MSSA Bacteremia  
Discharge Date: 12/2/25  
Length of Stay: 45 days

**Touchpoints**  
**Rehab** *at Chestnut*  
*An East Windsor Skilled Nursing Facility*

## Summary

90-year-old patient with HFpEF and A-fib, admitted with T8-L13 osteomyelitis & treated with a planned 6-week course of IV Cefazolin. Renal functioning, CBC, and inflammatory markers were monitored throughout the stay. He was seen outpatient for Cardiology, resulting in discontinuation of Torsemide and a reduction in Losartan dosage.

Admission vs Discharge Lab Values



## Admission

### Weight

Community – 171lbs

### Laboratory Values

BUN 27, Cr 0.9, Na 138, K 4.1

### Edema

None

### 6-Minute Walk

N/A

### CHF Protocol

Daily weights, Weekly labs,  
2gm Na diet

### Complications and Resolutions

Episodes of loose stools  
negative work-up

### 30-Day Re-Hospitalization

No



## Discharge

### Weight

147lbs

### Laboratory Values

BUN 15, Cr 0.5, Na 142, K 4.3

### Edema

None

### 6-Minute Walk

N/A

### American Heart Association

Discharge packet and education  
worksheets provided

**Weight scale declined, has a scale  
at home**

### Follow Up Appointments

12/8/25 PCP  
2/9/26 Cardiology

### Discharge Destination

Home with Hartford Healthcare at  
Home

### Plan For Follow-Up

3, 10, 30-day follow up phone calls  
post discharge



[icentral@icareHN.com](mailto:icentral@icareHN.com)



(860) 812-0788



[icarehn.com](http://icarehn.com)